



### Protocols for Houston Juniors VBC players and FAST Complex Camps, Clinics, Rentals

1. All players, parents and coaches **must** sign a COVID-19 waiver prior to entering the facility. Link to COVID 19 waiver; [www.fastcomplex.com](http://www.fastcomplex.com), COVID-19 waiver. Please complete, for parents put your name only and N/A in the blanks that don't apply.
2. Only one parent per family can enter the gym at a time.
3. All parents and coaches **must** always wear masks in the facility.
4. Self-screen before coming into the facility for any of the following new or worsening signs or symptoms of possible COVID-19: cough, shortness of breath, chills, repeated shaking with chills, muscle pain, headache, sore throat, loss of taste or smell, diarrhea, feeling feverish or temp above 100 degrees, known close contact with a person who is lab confirmed to have COVID-19. Any of the above – **DON'T COME TO THE FACILITY!**
5. All Players, parents and coaches will have temperatures taken in cars before entering the facilities. For the month of May camps and clinics will take temperatures prior to entering the facilities. Lessons, parents will be required to take the temperature and snapshot the thermometer and send to the lesson coach.
6. All door handles, knobs, tables, volleyballs, volleyball equipment will be sprayed after use each practice, camp, lessons with VitalOxide. All floors will be cleaned after each camp, practices, lessons.
7. There will be hand sanitizer for the athletes walking in the gym, and at each court. Any time players leave the court (even if it is because they are sitting out of a drill) they must hand sanitize before they can come back on the court.
8. Only one person is permitted per court to go to the restrooms. We have 8 courts; we have 8 restroom stalls (FAST). The zone has more stalls than courts, but only 1 per court.
9. Players cannot sit in the concession area or go to the bathroom when they enter the facility. All players are to go directly to their assigned courts. Coaches will release players to go to the restroom.
10. No backpacks allowed.
11. Bring or buy water, water fountains will not be available.
12. No parents allowed in the gym. (From time to time this will not apply)
13. Each court is marked so that players have a visual to stand on the court that are 6 feet apart.
14. Players are only permitted to speak with the players on their court. No socializing throughout the gym.
15. Players are not permitted to touch each other. No high fives, chest bumping.
16. When players are released, they must leave the gym. They cannot go into the concession area; they are not permitted to go to the restroom.
17. Hand sanitize when leaving the facilities.
18. **IF RULES ARE NOT FOLLOWED PLAYERS WILL BE ASKED TO LEAVE THE FACILITY.**
19. **If someone catches COVID 19**, that person will be tested by the city/county. The city/county will then trace the persons contacts. Those people will be contacted and asked to be tested. Those people will be quarantined for 14 days. The city/county will test time and must get a negative result or 3 days fever/symptoms free + and additional 7 quarantine. City/County will give them documentation that they no longer have COVID 19 and is ok to participate again. We will need that form to get back into the gym.

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